

Good morning! Please find our proposed agenda for March 26<sup>th</sup>

Energize and Take the Lead!

March 26 Agenda:

Arrival at Dallas Valley: Schools arriving between 9 to 9:30 am

\*If you believe that you may be later than 9:30 am please let me know

\*Please book your buses through your school and the bill can be sent to me at the address in my signature

Upon Arrival: Meet at the Ranch house-upper level

\*Adults and youth will be given a t-shirt (each school has a different colour of t-shirt) and will be instructed to

make nametags

\*A morning snack will be available to them consisting of crackers, cheese, vegies, dip, fruit and fruit dip.

\*Water bottles will also be available

\*A few activities will be available to keep everyone busy until all arrive (9:30 am)

9:30 am: Kick-off with Regina's Youth Advisory Committee

9:50 am: Go to Break-out Session #1

10:50 am: Go to Break-out Session #2

11:50 am: Go to Ranch house for lunch

\*Lunch will consist of pizza, salad, yogurt parfaits, chocolate and white milk. (We will have gluten free pizza, vegie and meat options and non-dairy options for those with dietary restrictions)

12:30 pm: Presentation: Balgonie Take the Lead! Program

12:50 pm: Go to Break-out Session #3

2:00 pm: Regroup at Ranch House For Closing and Good-bye

2:30 pm: Return to Schools

Additional information:

We anticipate 7 elementary schools in attendance with approximately 200 youth in total. (Balgonie, Wilcox, Pilot Butte, Mironuck, Pasqua, Glen Elm, Kitchener)

O'Neill High School Media class will be joining us as well. They have agreed to document our day through interviews, video clips, photographs etc. We are excited to have these students and would like to use their media pieces as "You Tube clips" and other promotional materials for the Take the Lead! program. Please provide a copy of the media release forms for your students so we can proceed with this. (These can be sent to my address in the email signature)

We would like you to choose which break-out sessions your school would like to do by numbering your choices, 1 through 7,

#1 being the break-out session activity you would like to do the very most through to #7 being the least favourite.

Each school will be able to do a total of three break-out session activities and we will do our best to accommodate you but cannot guarantee you will do those you most prefer. We anticipate that all activities will be fabulous and energizing!

\_\_\_ Amazing Race, Dallas Valley Style

\_\_\_ Low Ropes Challenge-Team Extreme

\_\_\_ Red Cross: Bullying 101

\_\_\_ Plan The Most Awesome Take the Lead! Program: Planning Tips and More!

\_\_\_ Outdoor Play is Where It's At!: Cooperative Play Palooza

\_\_\_ Speak Out, Act Out and Get Out: Saskatchewan in Motion, Giving Youth a Voice!

\_\_\_ Fuel Up: Steering Your Way through a Food Environment!

Please select your session by Monday, March 17. Also, we anticipate being both indoors and out so appropriate dress required. We will know closer to the date but at this point it may be best to come in rubber boots!

If you have any questions or concerns please do not hesitate to contact me!